



Activities of Daily Living

Homes

ISLA. Pinnacle offers 24-hour residential home support for individuals. Independence and privacy are key components to our program. Typically individuals reside with two or three additional roommates. Each resident has his/her own bedroom as well as access to common areas of the house.

Single Family Residences

Individuals live in and are part of the community

- Private Bedrooms (not shared)
- Decorating of personal space (bedroom) to one's preferences
- Shared common areas
 - Living Room
 - Dining Room
 - Family Room
 - Bathrooms
 - Kitchen (fully equipped)
 - Laundry Room (washer & dryer)
 - Garage
 - Front & Rear Yards
 - On availability residences have a swimming pool
 - On availability private master bedroom with bathroom
 - Available cable TV (additional cost)
 - Available Internet service (additional cost)
 - Available private cell phone (additional cost)

Pinnacle Community Services assists individuals with their Activities of Daily Living

Activities of daily living (ADL) are routine activities that people do every day. There are six basic ADLs: eating, bathing, dressing, toileting, transferring (walking) and continence. Pinnacle supports independent living by helping individuals with activities such as going shopping, reminding them to take medications and accompanying them on walks. Pinnacle provides an option for individuals who have a developmental disability that may not be able to bathe, get dressed, use the toilet, eat, take their medicine or perform other essential tasks without help.